



Beauty

Sarah Vine

How to Look Good... Feel Better

Come along to a charity fundraiser in Selfridges' beauty hall



I first developed an interest in make-up around the time I realised I had missed out on my mother's elegant, model-like frame and instead took after my father. Ideal for being a builder; not so helpful at the school disco.

Granted, not everyone can look good in a puffball dress (and let me assure you, I did not); but I soon realised that if you get the colour of your lipstick right, no one's too bothered about your sturdy thighs. It's not just about how others see you, either; it's about self-confidence. If you feel good, it shows.

It's this idea that's behind the beauty industry's charity, Look Good... Feel Better. Every year, *The Times* takes part in the LGFB Beauty Editors' Day at Selfridges to help raise money for the work that it does with cancer

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patients. This year's event takes place on September 29, and I will be joined by my colleague Prue White. Together we'll be on the Bobbi Brown counter, offering advice to readers and generally getting under the feet of the expert make-up artists. (Well, I will, anyway. Prue is a professional.) The event starts at noon and goes on until 7pm, tickets cost £20 each (with all proceeds to LGFB) and each reader will receive a special *Times* goody bag to take home with them. To book, call 0800 1388140.

Meanwhile, I'm off to Ibiza. I know, I know, sad middle-aged woman in Ibiza, but don't worry, my podium days are long gone. Ibiza has a reputation for all things boho and chic, so here are my top five feel-good, end-of-summer products. I intend to wear all of them at once.

1. Bobbi Brown Marrakesh shadows (£15; bobbi-brown.co.uk). These are highly pigmented with a soft, waxy finish, which means they have the intensity of a powder and the texture of a cream. Smudge them on with a finger and they'll last for up to 12 hours. The shades are beautiful, too: Sand Dune and Wine would be my choice.
2. Superdrug Lash Natural Edition II (£4.49). If you've been looking for falsies that don't make you look like a drag queen, then look no further. These lashes are incredibly soft, fine and natural-looking. They come with an excellent pot of glue which is suitable for contact lens wearers.

3. Gosh Nail Glitter (£3.99; in selected branches of Superdrug). The stuff that teenage dreams are made of: tiny pots of very fine, iridescent glitter (colours range from peacock to slate grey). You just paint your nails and then dip the ends in the glitter for the most glamorous hands ever.

4. Operation Glam Strike a Pose Modeling Hair Spray (£16.50; victoriahealth.com). This belongs to Lulu's (yes, Lulu!) newly launched range. The packaging is a hoot: pink and black zebra-print, very Sixties vamp. In fact, I'd say it's a little trashy. But in a good way. The product itself is excellent: a fine, manageable spray that allows you to create all manner of styles, without turning hair into a helmet.
5. RevitaLash Volumising mascara (£19.50; skinbrands.co.uk). All the benefits of the RevitaLash oil, only in a lovely thick mascara. ■